

*Special Guest*  
**Gay Hanna**  
*National Center for Creative Aging*  
**Arts & Well-Being**

*Special Guest*  
**Nancy Lewis**  
*Kevin Kline Award winner, as artist*  
**Louise Nevelson**

*Symposium's*  
*Live*  
*Performance*

# THE ART OF AGING

January 6, 2012

## *Afternoon Breakouts:*

- Creativity & Health
- Universal Design & Successful Aging
- Art Therapy
- Art of Gardening
- Expression in Dance

## *Join Presenters:*

- Gay Hannah
- Colleen Starkloff
- Tom Brady
- Nancy Lewis

## **2012 St. Louis Times Geriatrics Symposium**

***Our new full-day format promises an enjoyable and informative experience for all.*** You will learn from noted experts on the arts and aging in the morning, and participate in some exciting hands-on sessions in the afternoon. As in the past, adults from all walks of life and professionals from social service, health care and long-term care are invited. Meals and a general certificate of attendance are included. Social Work CEU certificates are available upon request. Regular registration is \$50 for this full-day event. Late (after 12/26) and walk-in registration is \$60.

To register or for full details visit  
[www.stlouistimes.com/symposium\\_2012.asp](http://www.stlouistimes.com/symposium_2012.asp)  
or call Raina at (314) 516-5974.

**Laumeiersculpturepark**  
ST. LOUIS



**ST. LOUISTIMES**

**UMSL**

# THE ART OF AGING

**Gay Hannah, PhD, MFA**  
***Creative Expression, Health  
& Well-Being in Advancing Age***

Executive Director, National Center  
for Creative Aging

Dr. Hanna will discuss the vital relationship between creative expression and the quality of life of older people. Creative expression is important for older people of all cultures and ethnic backgrounds, regardless of economic status, age, or level of physical, emotional, or cognitive functioning. Benefits for health and well-being are possible for all.

Nancy Lewis



Symposium's  
Live  
Performance

**Nancy Lewis, Actor**  
***A Conversation with  
Louise Nevelson***

A pioneer and grand dame of the art world, American sculptor, Louise Nevelson (1899–1988), is portrayed by award-winning actress Nancy Lewis in this one-woman performance inspired by interviews of the artist, written and directed by Lana Pepper. Lewis was a 2006 recipient of a Kevin Kline Award for Outstanding Actress in a Play for her work in The Orange Girls' production of GOING TO SEE THE ELEPHANT.

**Debra Ebel, Master Gardener**  
***Creative Expression through  
Safe, Ergonomic Gardening***

Retired educator  
MO Botanical Garden Kemper Center volunteer  
Master Gardener Speakers Bureau

Create a beautiful garden while benefiting from physical activity. Master Gardener Debra Ebel will provide ideas for creating visually appealing gardens while sharing information for easy ways to protect yourself while working in your garden, including general safety tips and safe ways to lift, turn, carry and operate gardening tools.

**January 6, 2012**  
**7:30 a.m. – 3:15 p.m.**

J.C. Penney Conference Center  
University of Missouri–St. Louis

Registration Fees:

**\$50 regular** (by Dec. 26)  
\$60 late & walk-in (after Dec. 26)  
\$25 senior (65+)

Sponsorship Opportunities Available  
visit [www.stlouistimes.com/symposium\\_2012.asp](http://www.stlouistimes.com/symposium_2012.asp)

