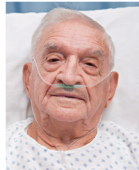


# respite programs



Respite care provides time off for family members who care for someone who is ill, injured or frail. It can take place in an adult day center, in the home of the person being cared for, or even in a residential setting such as an assisted living facility or nursing home. Although there are different approaches to respite care, all have the same basic objective; to provide caregivers with planned temporary, intermittent, substitute care, allowing for relief from the daily responsibilities of caring for the care recipient.

## Missouri Listings

### **Alzheimer's Association, St. Louis Chapter**

9370 Olive Blvd, St. Louis, MO 63132

**Phone:** 314-432-3422

**Program Type:** The Respite Care Assistance program can help pay for care for your loved one while you get a short break.

**Care receiver ages served:** All ages

**Hours per family:** Care recipient must have a diagnosis of dementia. Only available in Missouri.

**Service limitations:** \$500 value

**Counties Served:** Franklin MO, Jefferson MO, St. Charles MO, St. Louis MO, St. Louis City MO, Bond IL, Clinton IL, Madison IL, Monroe IL, Randolph IL, St. Clair IL, Washington IL

### **Bethesda Dilworth**

9645 Big Bend Boulevard, Oakland, MO 63122

**Phone:** 314-968-5460

**Program Type:** Under our Respite Care services, we will give the adult caregiver the opportunity for a "break" by providing their senior loved ones with care and services.

**Care receiver ages served:** 65+

**Hours per family:** Call for information.

**Service limitations:** Call for information.

**Counties Served:** Franklin MO, Jefferson MO, St. Charles MO, St. Louis MO, St. Louis City MO

### **Bethesda Meadow**

322 Old State Road, Ellisville, MO 63021

**Phone:** 636-227-3431

**Program Type:** Under our Respite Care services, we will give the adult caregiver the opportunity for a "break" by providing their senior loved ones with care and services.

**Care receiver ages served:** 65+

**Hours per family:** Call for information.

**Service limitations:** Call for information.

**Counties Served:** Franklin MO, Jefferson MO, St. Charles MO, St. Louis MO, St. Louis City MO

### **Bethesda Southgate**

5943 Telegraph Road, St. Louis, MO 63129

**Phone:** 314-846-2000

**Program Type:** Under our Respite Care services, we will give the adult caregiver the opportunity for a "break" by providing their senior loved ones with care and services.

**Care receiver ages served:** 65+

**Hours per family:** Call for information.

**Service limitations:** Call for information.

**Counties Served:** Franklin MO, Jefferson MO, St. Charles MO, St. Louis MO, St. Louis City MO

### **BrightStar Care**

925 N. Hwy 67, Florissant, MO 63031

**Phone:** 314-837-1100

**Program Type:** Private pay, Veterans programs, Long Term Care insurance. Companion, Personal or Skilled. Special needs including Autism spectrum

**Care receiver ages served:** Seniors and Children.

**Hours per family:** No minimum hours required.

**Service limitations:** None.

**Counties Served:** Jefferson MO, St. Charles MO, St. Louis MO, St. Louis City MO

### **Charless Home (The)**

4431 South Broadway, St. Louis, MO 63111

**Phone:** 314-481-4840

**Program Type:** Under our Respite Care services, we will give the adult caregiver the opportunity for a "break" by providing their senior loved ones with care and services.

**Care receiver ages served:** 65+

**Hours per family:** Call for information.

**Service limitations:** Call for information.

**Counties Served:** Franklin MO, Jefferson MO, St. Charles MO, St. Louis MO, St. Louis City MO

### **Chestnut Terrace I & II Alzheimer's Assisted Living**

125 Klondike Crossing, St. Peters, MO 63376

**Phone:** 636-928-5600

**Program Type:** Respite Care for a weekend or a few weeks.

**Care receiver ages served:** 50+

**Hours per family:** 24/7 Cost ranges: \$200/\$208 for Private

## RESPIRE PROGRAMS - Missouri

Room, \$173/\$178 for Semi-Private Room.

Cost includes all services.

**Service limitations:** Staff Assistance 24/7 with Medication Administration & Supervision, 3 Meals a day, daily housekeeping, laundry, assistance with bathing, dressing & grooming as needed, full activity program.

**Counties Served:** St. Charles MO

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### County Older Resident Programs

121 South Meramec

Clayton, MO 63105

**Phone:** 314-615-4516

**Program Type:** Volunteer will substitute for primary caregiver.

**Care receiver ages served:** 60 years of age and over.

**Hours per family:** Negotiated.

**Service limitations:** No meds, no toileting.

**Counties Served:** St. Louis MO

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### Mid-East Area Agency on Aging

14535 Manchester Road

Manchester, MO 63011

**Phone:** 636-207-0847

**Program Type:** Contracts with home health agencies.

**Care receiver ages served:** 60 and older.

**Hours per family:** 2 hours a week in home or one 6 hour day at adult day care.

**Service limitations:** N/A

**Counties Served:** Franklin MO, Jefferson MO, St. Charles MO, St. Louis MO

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### Seniors Home Care

432 Marshall Ave.

Webster Groves, MO 63119

**Phone:** 314-962-2666

**Care receiver ages served:** 40-100

**Hours per family:** Per Families Request.

**Service limitations:** Non Medical.

**Counties Served:** Jefferson MO, St. Louis MO, St. Louis City MO

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### Spencer Place Assisted Living

265 Spencer Rd., St. Peters, MO 63376

**Phone:** 636-441-6662

**Program Type:** Lovely furnished private room; Full-size bed, dresser, night table, small receiving table with two chairs and flat-screen TV. All the services of our assisted living residents at one daily rate \$129.

**Care receiver ages served:** 50 +

**Hours per family:** In-house respite services. 24-hour care.

**Service limitations:** Personal assistance with bathing, dressing and grooming(as needed), Medication Administration & supervision, 3 meals per day + snacks, daily housekeeping, laundry services, full activity calendar.

**Counties Served:** St. Charles MO

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### St. Andrew's Senior Solutions

6633 Delmar Boulevard, Suite 200

St. Louis, MO 63130

**Phone:** 314-726-5766

**Counties Served:** St. Charles MO, St. Louis MO, St. Louis City MO

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### St. John's Mercy Skilled Nursing Center

12120 Conway Road, St. Louis, MO 63141

**Phone:** 314-251-6600

**Program Type:** Hospice Respite/ Caregiver Respite.

**Counties Served:** St. Louis MO

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### Synergy HomeCare St. Louis

111 Westport Plaza Drive, Suite 600, St. Louis, MO 63146

**Phone:** 314-813-9505

**Program Type:** We will provide non-medical Respite Care in the home setting, assisted living or skilled living facility.

**Care receiver ages served:** Ages 2 and above.

**Hours per family:** Hours based on need.

**Service limitations:** Non-Medical care only. Private pay and Long-Term Care Insurance.

**Counties Served:** St. Charles MO, St. Louis MO, St. Louis City MO

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### Visiting Angels

9962 Lin Ferry Drive, #100, St. Louis, MO 63123

**Phone:** 314-842-5589

**Program Type:** Non-Medical Home Care.

**Care receiver ages served:** Over age 18.

**Hours per family:** 1 to 24 hours per day available.

**Service limitations:** Non- Medical care.

**Counties Served:** Jefferson MO, St. Louis MO, St. Louis City MO

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### Visiting Angels - Webster Groves

1 Selma Avenue, Webster Groves, MO 63119

**Phone:** 314-962-5700

**Program Type:** Non-medical homecare services

**Care receiver ages served:** Must be at least 18

**Hours per family:** We offer 1 hour Angel/bath visits up to 24 hour care.

**Counties Served:** St. Louis MO, St. Louis City MO

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## Illinois Listings

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### St. John's Community Care

222 Goethe Avenue, Collinsville, IL 62234

**Phone:** 618-344-0276

**Program Type:** Adult Day Program and Home Services.

**Care receiver ages served:** 18 and over.

**Hours per family:** Home Services 24-hour-care available; Adult Day Program 6:00 am to 6:30 pm.

**Counties Served:** Madison IL, St. Clair IL

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### Visiting Angels - Illinois

4 South Church Street, Suite 212, Belleville, IL 62220

**Phone:** 618-257-2200

**Program Type:** Non-medical homecare services.

**Care receiver ages served:** Must be at least 18.

**Hours per family:** We offer 1 hour Angel/bath visits up to 24 hour care.

**Counties Served:** Madison IL, Monroe IL, Randolph IL, St. Clair IL

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