

respite programs



Respite care provides time off for family members who care for someone who is ill, injured or frail. It can take place in an adult day center, in the home of the person being cared for, or even in a residential setting such as an assisted living facility or nursing home. Although there are different approaches to respite care, all have the same basic objective; to provide caregivers with planned temporary, intermittent, substitute care, allowing for relief from the daily responsibilities of caring for the care recipient.

Missouri Listings

Alexian Brothers Lansdowne Village

4624 Lansdowne, St. Louis, MO 63116

Phone: 314-880-4701

Counties Served: St. Louis, St. Louis City

Alpha Care, Inc.

9312 Olive Boulevard, St. Louis, MO 63132

Phone: 314-993-2273

Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City

Alzheimer's Association, St. Louis Chapter

9370 Olive Blvd., St. Louis, MO 63132

Phone: 314-432-3422

Program Type: The Respite Care Assistance program can help pay for care for your loved one while you get a short break.

Care receiver ages served: All ages

Hours per family: Care recipient must have a diagnosis of dementia. Only available in Missouri.

Service limitations: \$500 value

Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City, Clinton, Madison, Monroe, Randolph, St. Clair

American Parkinson Disease Association

Campus Box 8111, 660 S. Euclid Ave.,
St. Louis, MO 63110

Phone: 314-362-3299

Program Type: Reimbursement

Care receiver ages served: Adults of all ages

Hours per family: 15 hours in-home respite with the option of one bath per week; \$75.00 per month adult daycare

Service limitations: Caregiver must live with the care receiver, and must have a diagnosis of Parkinson's disease. Licensed home health agency or adult daycare will provide service.

Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City

American Veterans Care Coordination, LLC

1405 Jungermann Rd., Suite E, St. Peters, MO 63376

Phone: 866-910-2822

Program Type: Veterans benefits that pays for in home care veterans and widows of veterans

Care receiver ages served: For veterans and widows of veterans with non-service connected disabilities

Hours per family: TBD

Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City, Washington

Autumn View Gardens - Ellisville

16219 Autumn View Terrace Dr,
Ellisville, MO 63011

Phone: 636-458-5225

Program Type: Assisted Living

Bethesda Dilworth

9645 Big Bend Boulevard, Oakland, MO 63122

Phone: 314-968-5460

Program Type: Short-term respite care offered in a skilled nursing residence

Care receiver ages served: 18+

Hours per family: Up to 30 days; contact residence for more information

Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City, Washington, Bond, Clinton, Madison, Monroe, Randolph, St. Clair

Bethesda Meadow

322 Old State Road, Ellisville, MO 63021

Phone: 636-227-3431

Program Type: Short-term respite care offered in a skilled nursing residence

Care receiver ages served: 18+

Hours per family: Up to 30 days; contact residence for more information

Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City, Washington, Bond, Clinton, Madison, Monroe, Randolph, St. Clair

RESPIRE PROGRAMS - Missouri

Bethesda Southgate

5943 Telegraph Road, Oakville, MO 63129

Phone: 314-846-2000

Program Type: Short-term respite care offered in a skilled nursing residence

Care receiver ages served: 18+

Hours per family: Up to 30 days; contact residence for more information

Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City, Washington, Bond, Clinton, Madison, Monroe, Randolph, St. Clair

Big Bend Woods

110 Highland Avenue, Valley Park, MO 63088

Phone: 636-225-5144

Program Type: Adult and Geriatric

Care receiver ages served: Adult and Geriatric

Hours per family: Varies upon needs of family

Service limitations: None

Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City

Brook View at Stonebridge

2963 Doddridge Ave., Maryland Heights, MO 63043

Phone: 314-291-4557

Counties Served: St. Louis

Cape Albeon

3380 Lake Bend Drive, St. Louis, MO 63088

Phone: 636-861-3200

Program Type: Assisted Living Short Term Stay

Care receiver ages served: 55 and older

Counties Served: Jefferson, St. Charles, St. Louis, St. Louis City

Cardinal Ritter Senior Services

Adult Day Program

7601 Watson Road, St. Louis, MO 63119

Phone: 314-962-7501

Program Type: Adult Day Program

Care receiver ages served: 60+

Hours per family: Hours based on need & availability

Service limitations: Must meet admission criteria

Counties Served: Jefferson, St. Charles, St. Louis, St. Louis City

Cedars at the JCA (The)

13190 South Outer Forty Road, Town & Country, MO 63017

Phone: 314-991-1193

Counties Served: St. Charles, St. Louis, St. Louis City

Companion Home Care

P.O. Box 220190, St. Louis, MO 63122

Phone: 314-471-6057

Comprehensive Care, Inc.

1451 High Street, Suite 205, Washington, MO 63090

Phone: 636-390-9909

County Older Resident Programs

121 South Meramec, Clayton, MO 63105

Phone: 314-615-4516

Program Type: Volunteer will substitute for primary caregiver

Care receiver ages served: 60 years of age and over

Hours per family: Negotiated

Service limitations: No meds, no toileting

Counties Served: St. Louis

Crestview Senior Living

8660 Grant Road, 8660 Grant Road, St. Louis, MO 63123

Phone: 314-842-3939

DeSmet Retirement Community

1425 N. New Florissant Road, St. Louis, MO 63033

Phone: 314-838-3811

Counties Served: St. Charles, St. Louis, St. Louis City

Disability Support Systems of Jefferson County

P.O. Box 73, Mapaville, MO 63065

Phone: 636-931-6644

Program Type: Respite care, family support

Care receiver ages served: All ages

Service limitations: Developmental disabilities as defined by Mo Department of Mental Health

Counties Served: Jefferson

Extracare Private Duty Nursing Services

8420 Delmar Blvd., St. Louis, MO 63124

Phone: 314-432-2439

Program Type: Companionship, Supervision, Nurse Respite

Care receiver ages served: 50 and older

Hours per family: 4 hr. minimum

Service limitations: NONE

Counties Served: St. Charles, St. Louis, St. Louis City

Fairwinds River's Edge

600 River's Edge Dr., St. Charles, MO 63303

Phone: 636-754-0100

Program Type: Supportive Care in our Guest Apartment

Care receiver ages served: 62+

Hours per family: N/A

Service limitations: Medicare only covers supportive services

Counties Served: St. Charles, St. Louis

Home Care Assistance

7805 Clayton Road, St. Louis, MO 63117

Phone: 314-863-8989

Program Type: Private Pay, Long Term Care Insurance and Veteran Programs

Care receiver ages served: Adults

Hours per family: Varies

Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City, Madison, Monroe, St. Clair, Washington

Home Healthcare Services Unlimited

625 N. Euclid, Suite 323, St. Louis, MO 63108

Phone: 314-367-7344

RESPIRE PROGRAMS - Missouri

Home Helpers

128 Enchanted Parkway, Ste. 206, St. Louis, MO 63021

Phone: 636-391-0000 or 314-961-1002

Program Type: In-Home respite care provided by insured, bonded and reliable caregivers.

Care receiver ages served: All Ages

Service limitations: Non-Medical

Counties Served: St. Charles, St. Louis, St. Louis City

Home Helpers Serving St Charles and North St Louis Counties, MO.

200 W. 3rd Street, Suite 712, Alton, IL 62002

Phone: 1-877-445-4353

Program Type: Respite Care for Family Caregivers

Care receiver ages served: Any

Hours per family: 1 to 24 hours

Service limitations: No Skilled Nursing

Counties Served: St. Charles, St. Louis, St. Louis City

Home Sweet Home Health Care Agency

11425 Dorsett Road, Suite 203, Maryland Heights, MO 63043

Phone: 1-866-710-9472

Program Type: In-home care

Care receiver ages served: 18 and up

Hours per family: 3 or more

Counties Served: St. Louis, St. Louis City

Homewatch Caregivers

7915 Big Bend Blvd., Webster Groves, MO 63119

Phone: 314-963-1100

Program Type: Client care enabling family members respite time off.

Care receiver ages served: 37 - 102

Hours per family: 4 hour minimum

Service limitations: Non-medical care only

Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City

Judevine Center for Autism

1101 Olivette Exec. Pkwy., St. Louis, MO 63132

Phone: 314-432-6200

Program Type: Vaires for those on the autism spectrum

Care receiver ages served: Varies

Hours per family: Varies

Service limitations: Call for specific information, locations vary as well. Call for additional county information.

Counties Served: St. Charles, St. Louis, St. Louis City

Kingdom House Senior Companion Program

1321 S. 11th Street, St. Louis, MO 63104

Phone: 314-421-0400

Program Type: Senior Companion Program

Care receiver ages served: 60 and older

Hours per family: Varies

Service limitations: Respite and Senior Companionship, non-chore, non-personal care services

Counties Served: St. Louis, St. Louis City

Martha's Hands Home Health

5650 Mexico Road, Suite 12,

St. Peters, MO 63376

Phone: 314-965-4350

Care receiver ages served: Adult and well-baby

Service limitations: Private Pay

Counties Served: St. Charles, St. Louis, St. Louis City

Martha's Hands Home Health

11906 Manchester Road, Suite 204,

Des Peres, MO 63131

Phone: 314-965-4350

Care receiver ages served: Adult & Well-baby

Service limitations: Private-Duty

Counties Served: St. Charles, St. Louis, St. Louis City

Mid-East Area Agency on Aging

14535 Manchester Road, Manchester, MO 63011

Phone: 636-207-0847

Program Type: Contracts with home health agencies.

Care receiver ages served: 60 and older

Hours per family: 2 hours a week in home or one 6 hour day at adult day care

Counties Served: Franklin, Jefferson, St. Charles, St. Louis

MSC Health Services, LLC

111 West Port Plaza, Suite 600, St. Louis, MO 63146

Phone: 314-542-3152

Program Type: In-Home Nursing/Private Duty Agency

Care receiver ages served: All

Hours per family: Minimum 4

Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City

National Multiple Sclerosis Society-Gateway Area Chapter

1867 Lackland Hill Parkway, St. Louis, MO 63146

Phone: 314-781-9020

Program Type: Respite, chore, limited financial assistance with confirmation of diagnosis

Care receiver ages served: All ages with confirmed diagnosis

Hours per family: As determined need

Service limitations: Must qualify financially by completing financial assistance application

Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City, Washington, Bond, Clinton, Madison, Monroe, Randolph, St. Clair

Nazareth Living Center

2 Nazareth Lane, St. Louis, MO 63129

Phone: 314-649-4686

Program Type: Assisted Living Respite Care

Care receiver ages served: Focus on seniors

Hours per family: 7 day minimum stay. Hours based on need and availability

Service limitations: Assisted Living only

Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City

RESPIRE PROGRAMS - Missouri

Right at Home of St. Louis

10411 Clayton Road, A-14, St. Louis, MO 63131

Phone: 314-567-5545

Program Type: Customized care plans to suit your needs.

Counties Served: Franklin, Jefferson, St. Louis, St. Louis City

Right At Home of St. Louis - South

11141 South Towne Dr., Ste A, St. Louis, MO 63123

Phone: 314-567-5545

Program Type: Introduce someone you care about to someone you trust. Flexible shifts to provide respite to primary caregivers as needed or ongoing.

Care receiver ages served: Seniors and the disabled

Hours per family: Flexible shifts

Counties Served: Franklin, Jefferson, St. Louis, St. Louis City

Rosewood Care Center of St. Louis

11278 Schuetz Road, St. Louis, MO 63146

Phone: 314-991-4066

Counties Served: St. Louis

SarahCare Centre Adult Day Services

524 S. Elm Ave., St. Louis, MO 63119

Phone: 314-968-2222

Program Type: Day center services

Care receiver ages served: 18-100

Hours per family: Indefinite

Service limitations: Not overnight

Counties Served: Jefferson, St. Louis, St. Louis City

Seniors Home Care

114 E. Lockwood Avenue, Suite A, St. Louis, MO 63119

Phone: 314-962-2666

St. Andrew's Senior Solutions

6633 Delmar Boulevard, Suite 200, St. Louis, MO 63130

Phone: 314-726-5766

Program Type: Provide care for the older adults to support the needs of the care giver.

Care receiver ages served: 55+

Hours per family: Per need of family

Service limitations: As long as services are safe and appropriate for the older adults there are no limitations.

Counties Served: St. Charles, St. Louis, St. Louis City

St. John's Mercy Skilled Nursing Center

12120 Conway Road, St. Louis, MO 63141

Phone: 314-251-6600

Counties Served: St. Louis

St. Louis Altenheim

5408 South Broadway, St. Louis, MO 63111

Phone: 314-353-7225

Program Type: Short term stay from 5 to 90 days in Supportive Living or Continuing Care Nursing

Care receiver ages served: 65 years plus

Service limitations: No in home care or adult day care.

Counties Served: Franklin, Jefferson, St. Charles, St. Louis, St. Louis City

St. Louis Area Agency on Aging

1520 Market Street, Room 4086, St. Louis, MO 63103

Phone: 314-612-5918

Program Type: Respite for caregivers

Care receiver ages served: 60 and better

Hours per family: Varies depending on need

Service limitations: City of St. Louis only

Counties Served: St. Louis City

St. Louis County Office of Family and Community Services - County Older Resident Programs (CORP)

121 South Meramec, Clayton, MO 63105

Phone: 314-615-4516

Program Type: Caregiver respite

Care receiver ages served: 60 and over

Service limitations: No toileting, no medication administered

Counties Served: St. Louis

Synergy HomeCare St. Louis

111 Westport Plaza Drive, Suite 600, St. Louis, MO 63146

Phone: 314-813-9505

Program Type: Providing peace of mind with respite care in the home, adult day center, assisted living, or nursing home.

Care receiver ages served: All ages

Hours per family: Based on client and family needs.

Service limitations: Non-Medical

Counties Served: St. Charles, St. Louis

The Valley a Stonebridge Community

6768 N. Hwy. 67, Florissant, Mo 63034

Phone: 314-541-9430

Program Type: Our respite service offers peace of mind when you need to leave your loved one.

Care receiver ages served: 50 years of age and older

Counties Served: Jefferson, St. Charles, St. Louis, St. Louis City, Madison

Villages of St. Peters

5400 Executive Centre Parkway, St. Peters, MO 63376

Phone: 636-541-8518

Program Type: Assisted Living, Skilled Nursing and Memory Care respite available

Counties Served: St. Charles, St. Louis

Visiting Angels of Greater St Charles

107 Harvester Court, St. Charles, MO 63303

Phone: 636-244-3777

Program Type: Help family caregivers

Care receiver ages served: 21 and older

Hours per family: Up to 24/7

Service limitations: Non-medical only

Counties Served: St. Charles, St. Louis

Visiting Angels of St. Louis - South

9962 Lin Ferry Drive, Suite #100, St. Louis, MO 63123

Phone: 314-842-5589

Program Type: In Home Respite

Care receiver ages served: All ages served

Hours per family: Day, Evening, Live-In, or 24 hour

Service limitations: Availability

Counties Served: Jefferson, St. Louis, St. Louis City



Aviston Countryside Manor

450 West 1st Street, Aviston, IL 62216

Phone: 618-228-7615

Program Type: Out of Home Respite

Care receiver ages served: Elderly

Hours per family: Varies

Service limitations: Call for information

Counties Served: Clinton

Faith In Action

903 North 2nd Street, Edwardsville, IL 62025

Phone: 618-692-0480

Program Type: In-Home Respite

Care receiver ages served: Elderly, disabled of any age.

Hours per family: Varies

Service limitations: Provides transportation, shopping, light housekeeping, respite care for family members, visiting and reassurance calls to the elder and disabled of the Edwardsville #7 School District.

Counties Served: Madison

Faith In Action Collinsville

222 Goethe Avenue, Collinsville, IL 62234

Phone: 618-344-8080

Counties Served: Madison, St. Clair

Fountain View Manor Memory Care Center

3432 Village Lane, Granite City, IL 62040

Phone: 618-931-3999

Program Type: ALF/ Alzheimer's and Dementia Care Center

Care receiver ages served: 55 and up

Hours per family: N/A

Service limitations: Assisted Living Memory Care

Counties Served: St. Charles, St. Louis, St. Louis City, Bond, Clinton, Madison, Monroe, St. Clair, Washington

Fountains of Troy

39 Dorothy Drive, Troy, IL 62294

Phone: 618-667-1342

Program Type: Short term respite care is available, in a beautifully furnished apartment.

Care receiver ages served: No age restrictions

Hours per family: Inquire about our 10-day special rate!

Service limitations: Care receivers' needs must not exceed the limitations of Assisted Living regulations.

Counties Served: St. Louis, St. Louis City, Bond, Madison, Monroe, St. Clair

Garden Place

208 S. Kossuth, Millstadt, IL 62278

Phone: 618-476-1440

Program Type: Day care or overnight

Care receiver ages served: 50+

Hours per family: As needed

Service limitations: Standby & oversight assistance

Counties Served: Monroe, Randolph, St. Clair

Garden Place

351 Lockwood, Red Bud, IL 62278

Phone: 618-282-7775

Program Type: Day care or overnight stays

Care receiver ages served: 50+

Hours per family: As needed

Service limitations: Stand-by and oversight assistance

Counties Served: Monroe, Randolph, St. Clair

Garden Place

710 S. Main, Columbia, IL 62236

Phone: 618-281-3388

Program Type: Day care and overnight

Care receiver ages served: 55+

Hours per family: As needed

Counties Served: St. Louis, Monroe, St. Clair

Home Helpers Serving SW IL

200 W. 3rd Street, Suite 712, Alton, IL 62002

Phone: 618-462-2762

Program Type: Respite relief for Family Caregiver

Care receiver ages served: all ages

Hours per family: 1 to 24 hours

Service limitations: No Skilled Nursing

Counties Served: Madison, St. Clair

Home Instead Senior Care

2321 Country Road, Belleville, IL 62221

Phone: 618-234-7640

Program Type: In-Home Respite

Care receiver ages served: Elderly

Hours per family: Varies

Service limitations: Staff is available 24 hours seven days a week.

Counties Served: Monroe, St. Clair

Home Instead Senior Care

100 Lanter Court, Suite 2, Collinsville, IL 62234

Phone: 618-346-5008

Program Type: Respite relief for the caregiver

Care receiver ages served: Any

Hours per family: 3 - 24 hours

Service limitations: No skilled nursing

Counties Served: Madison

Lebanon Care Center

1201 North Alton, Lebanon, IL 62254

Phone: 618-537-4401

Program Type: Out-of-Home Respite

Care receiver ages served: Elderly

Hours per family: Varies

Service limitations: Call for information.

Counties Served: St. Clair

Rosewood Care Center of Alton

3490 Humbert Road, Alton, IL 62002

Phone: 618-465-2626

Counties Served: Madison

RESPIRE PROGRAMS - Illinois

Rosewood Care Center of Edwardsville

6277 Center Grove Road, Edwardsville, IL 62025

Phone: 618-659-0605

Counties Served: Madison

Rosewood Care Center of Swansea

100 Rosewood Village Drive, Swansea, IL 62220

Phone: 618-236-1391

Counties Served: St. Clair

Southwestern Illinois Visiting Nurse Association

7 Executive Woods, Swansea, IL 62226-2016

Phone: 618-236-5863, 800-642-5429,

24 Hour Hot Line 866-800-1409

Program Type: In-Home Respite

Care receiver ages served: All Ages

Hours per family: Varies

Counties Served: Bond, Clinton, Madison, Monroe, Randolph, St. Clair, Washington

St. John's Home & Community Care

222 Goethe Avenue, Collinsville, IL 62234-3306

Phone: 618-344-0276

Program Type: Homemaker/Personal Care

Care receiver ages served: 18 and older

Hours per family: Paid service; 4 hours minimum; 4 to 24 hours/day; IL DRS provider

Service limitations: No lifting or medical procedures; service area includes Caseyville, Collinsville, Edwardsville, Fairmont City, Fairview Heights, Glen Carbon, Granite City, Maryville, and Troy, IL.

Counties Served: Madison, St. Clair

St. Paul's Home & Retirement Apartments

1021 West E Street, Belleville, IL 62220

Phone: 618-233-2095

Sycamore Village Assisted Living

225 Castellano Drive, Swansea, IL 62226

Phone: 618-222-2571

Program Type: Term of stay set by client

Care receiver ages served: 55 and over

Hours per family: Overnight stay

Service limitations: One person assist

Counties Served: St. Clair

We Sit Better

P.O. Box 832, Collinsville, IL 62234

Phone: 618-398-3064

Program Type: In-or-Out of Home Respite

Care receiver ages served: Elderly

Hours per family: Varies

Service limitations: Service sits with elderly in homes, hospitals and nursing homes. 24/7, depending on availability.

Counties Served: Madison, St. Clair



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