

# respite programs



Respite care provides time off for family members who care for someone who is ill, injured or frail. It can take place in an adult day center, in the home of the person being cared for, or even in a residential setting such as an assisted living facility or nursing home. Although there are different approaches to respite care, all have the same basic objective; to provide caregivers with planned temporary, intermittent, substitute care, allowing for relief from the daily responsibilities of caring for the care recipient.

## *Missouri Listings*

### **Alexian Brothers Lansdowne Village**

4624 Lansdowne, St. Louis, MO 63116

**Phone:** 314-880-4701

**Counties Served:** St. Louis, St. Louis City

### **Alpha Care, Inc.**

9312 Olive Boulevard, St. Louis, MO 63132

**Phone:** 314-993-2273

**Counties Served:** Franklin, Jefferson, St. Charles, St. Louis, St. Louis City

### **Alzheimer's Association, St. Louis Chapter**

9370 Olive Blvd., St. Louis, MO 63132

**Phone:** 314-432-3422

**Program Type:** The Respite Care Assistance program can help pay for care for your loved one while you get a short break.

**Care receiver ages served:** All ages

**Hours per family:** Care recipient must have a diagnosis of dementia. Only available in Missouri.

**Service limitations:** \$500 value

**Counties Served:** Franklin, Jefferson, St. Charles, St. Louis, St. Louis City, Clinton, Madison, Monroe, Randolph, St. Clair

### **American Parkinson Disease Association**

Campus Box 8111, 660 S. Euclid Ave.,  
St. Louis, MO 63110

**Phone:** 314-362-3299

**Program Type:** Reimbursement

**Care receiver ages served:** Adults of all ages

**Hours per family:** 15 hours in-home respite with the option of one bath per week; \$75.00 per month adult daycare

**Service limitations:** Caregiver must live with the care receiver, and must have a diagnosis of Parkinson's disease. Licensed home health agency or adult daycare will provide service.

**Counties Served:** Franklin, Jefferson, St. Charles, St. Louis, St. Louis City

### **American Veterans Care Coordination, LLC**

1405 Jungermann Rd., Suite E, St. Peters, MO 63376

**Phone:** 866-910-2822

**Program Type:** Veterans benefits that pays for in home care veterans and widows of veterans

**Care receiver ages served:** For veterans and widows of veterans with non-service connected disabilities

**Hours per family:** TBD

**Counties Served:** Franklin, Jefferson, St. Charles, St. Louis, St. Louis City, Washington

### **Autumn View Gardens - Ellisville**

16219 Autumn View Terrace Dr,  
Ellisville, MO 63011

**Phone:** 636-458-5225

**Program Type:** Assisted Living

### **Bethesda Dilworth**

9645 Big Bend Boulevard, Oakland, MO 63122

**Phone:** 314-968-5460

**Program Type:** Short-term respite care offered in a skilled nursing residence

**Care receiver ages served:** 18+

**Hours per family:** Up to 30 days; contact residence for more information

**Counties Served:** Franklin, Jefferson, St. Charles, St. Louis, St. Louis City, Washington, Bond, Clinton, Madison, Monroe, Randolph, St. Clair

### **Bethesda Meadow**

322 Old State Road, Ellisville, MO 63021

**Phone:** 636-227-3431

**Program Type:** Short-term respite care offered in a skilled nursing residence

**Care receiver ages served:** 18+

**Hours per family:** Up to 30 days; contact residence for more information

**Counties Served:** Franklin, Jefferson, St. Charles, St. Louis, St. Louis City, Washington, Bond, Clinton, Madison, Monroe, Randolph, St. Clair

## RESPIRE PROGRAMS - Missouri

### Bethesda Southgate

5943 Telegraph Road, Oakville, MO 63129

**Phone:** 314-846-2000

**Program Type:** Short-term respite care offered in a skilled nursing residence

**Care receiver ages served:** 18+

**Hours per family:** Up to 30 days; contact residence for more information

**Counties Served:** Franklin, Jefferson, St. Charles, St. Louis, St. Louis City, Washington, Bond, Clinton, Madison, Monroe, Randolph, St. Clair

### Big Bend Woods

110 Highland Avenue, Valley Park, MO 63088

**Phone:** 636-225-5144

**Program Type:** Adult and Geriatric

**Care receiver ages served:** Adult and Geriatric

**Hours per family:** Varies upon needs of family

**Service limitations:** None

**Counties Served:** Franklin, Jefferson, St. Charles, St. Louis, St. Louis City

### Brook View at Stonebridge

2963 Doddridge Ave., Maryland Heights, MO 63043

**Phone:** 314-291-4557

**Counties Served:** St. Louis

### Cape Albeon

3380 Lake Bend Drive, St. Louis, MO 63088

**Phone:** 636-861-3200

**Program Type:** Assisted Living Short Term Stay

**Care receiver ages served:** 55 and older

**Counties Served:** Jefferson, St. Charles, St. Louis, St. Louis City

### Cardinal Ritter Senior Services

#### Adult Day Program

7601 Watson Road, St. Louis, MO 63119

**Phone:** 314-962-7501

**Program Type:** Adult Day Program

**Care receiver ages served:** 60+

**Hours per family:** Hours based on need & availability

**Service limitations:** Must meet admission criteria

**Counties Served:** Jefferson, St. Charles, St. Louis, St. Louis City

### Cedars at the JCA (The)

13190 South Outer Forty Road, Town & Country, MO 63017

**Phone:** 314-991-1193

**Counties Served:** St. Charles, St. Louis, St. Louis City

### Companion Home Care

P.O. Box 220190, St. Louis, MO 63122

**Phone:** 314-471-6057

### Comprehensive Care, Inc.

1451 High Street, Suite 205, Washington, MO 63090

**Phone:** 636-390-9909

### County Older Resident Programs

121 South Meramec, Clayton, MO 63105

**Phone:** 314-615-4516

**Program Type:** Volunteer will substitute for primary caregiver

**Care receiver ages served:** 60 years of age and over

**Hours per family:** Negotiated

**Service limitations:** No meds, no toileting

**Counties Served:** St. Louis

### Crestview Senior Living

8660 Grant Road, 8660 Grant Road, St. Louis, MO 63123

**Phone:** 314-842-3939

### DeSmet Retirement Community

1425 N. New Florissant Road, St. Louis, MO 63033

**Phone:** 314-838-3811

**Counties Served:** St. Charles, St. Louis, St. Louis City

### Disability Support Systems of Jefferson County

P.O. Box 73, Mapaville, MO 63065

**Phone:** 636-931-6644

**Program Type:** Respite care, family support

**Care receiver ages served:** All ages

**Service limitations:** Developmental disabilities as defined by Mo Department of Mental Health

**Counties Served:** Jefferson

### Extracare Private Duty Nursing Services

8420 Delmar Blvd., St. Louis, MO 63124

**Phone:** 314-432-2439

**Program Type:** Companionship, Supervision, Nurse Respite

**Care receiver ages served:** 50 and older

**Hours per family:** 4 hr. minimum

**Service limitations:** NONE

**Counties Served:** St. Charles, St. Louis, St. Louis City

### Fairwinds River's Edge

600 River's Edge Dr., St. Charles, MO 63303

**Phone:** 636-754-0100

**Program Type:** Supportive Care in our Guest Apartment

**Care receiver ages served:** 62+

**Hours per family:** N/A

**Service limitations:** Medicare only covers supportive services

**Counties Served:** St. Charles, St. Louis

### Home Care Assistance

7805 Clayton Road, St. Louis, MO 63117

**Phone:** 314-863-8989

**Program Type:** Private Pay, Long Term Care Insurance and Veteran Programs

**Care receiver ages served:** Adults

**Hours per family:** Varies

**Counties Served:** Franklin, Jefferson, St. Charles, St. Louis, St. Louis City, Madison, Monroe, St. Clair, Washington

### Home Healthcare Services Unlimited

625 N. Euclid, Suite 323, St. Louis, MO 63108

**Phone:** 314-367-7344

## RESPIRE PROGRAMS - Missouri

### Home Helpers

128 Enchanted Parkway, Ste. 206, St. Louis, MO 63021

**Phone:** 636-391-0000 or 314-961-1002

**Program Type:** In-Home respite care provided by insured, bonded and reliable caregivers.

**Care receiver ages served:** All Ages

**Service limitations:** Non-Medical

**Counties Served:** St. Charles, St. Louis, St. Louis City

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### Home Helpers Serving St Charles and North St Louis Counties, MO.

200 W. 3rd Street, Suite 712, Alton, IL 62002

**Phone:** 1-877-445-4353

**Program Type:** Respite Care for Family Caregivers

**Care receiver ages served:** Any

**Hours per family:** 1 to 24 hours

**Service limitations:** No Skilled Nursing

**Counties Served:** St. Charles, St. Louis, St. Louis City

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### Home Sweet Home Health Care Agency

11425 Dorsett Road, Suite 203, Maryland Heights, MO 63043

**Phone:** 1-866-710-9472

**Program Type:** In-home care

**Care receiver ages served:** 18 and up

**Hours per family:** 3 or more

**Counties Served:** St. Louis, St. Louis City

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### Homewatch Caregivers

7915 Big Bend Blvd., Webster Groves, MO 63119

**Phone:** 314-963-1100

**Program Type:** Client care enabling family members respite time off.

**Care receiver ages served:** 37 - 102

**Hours per family:** 4 hour minimum

**Service limitations:** Non-medical care only

**Counties Served:** Franklin, Jefferson, St. Charles, St. Louis, St. Louis City

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### Judevine Center for Autism

1101 Olivette Exec. Pkwy., St. Louis, MO 63132

**Phone:** 314-432-6200

**Program Type:** Vaires for those on the autism spectrum

**Care receiver ages served:** Varies

**Hours per family:** Varies

**Service limitations:** Call for specific information, locations vary as well. Call for additional county information.

**Counties Served:** St. Charles, St. Louis, St. Louis City

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### Kingdom House Senior Companion Program

1321 S. 11th Street, St. Louis, MO 63104

**Phone:** 314-421-0400

**Program Type:** Senior Companion Program

**Care receiver ages served:** 60 and older

**Hours per family:** Varies

**Service limitations:** Respite and Senior Companionship, non-chore, non-personal care services

**Counties Served:** St. Louis, St. Louis City

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### Martha's Hands Home Health

5650 Mexico Road, Suite 12,

St. Peters, MO 63376

**Phone:** 314-965-4350

**Care receiver ages served:** Adult and well-baby

**Service limitations:** Private Pay

**Counties Served:** St. Charles, St. Louis, St. Louis City

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### Martha's Hands Home Health

11906 Manchester Road, Suite 204,

Des Peres, MO 63131

**Phone:** 314-965-4350

**Care receiver ages served:** Adult & Well-baby

**Service limitations:** Private-Duty

**Counties Served:** St. Charles, St. Louis, St. Louis City

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### Mid-East Area Agency on Aging

14535 Manchester Road, Manchester, MO 63011

**Phone:** 636-207-0847

**Program Type:** Contracts with home health agencies.

**Care receiver ages served:** 60 and older

**Hours per family:** 2 hours a week in home or one 6 hour day at adult day care

**Counties Served:** Franklin, Jefferson, St. Charles, St. Louis

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### MSC Health Services, LLC

111 West Port Plaza, Suite 600, St. Louis, MO 63146

**Phone:** 314-542-3152

**Program Type:** In-Home Nursing/Private Duty Agency

**Care receiver ages served:** All

**Hours per family:** Minimum 4

**Counties Served:** Franklin, Jefferson, St. Charles, St. Louis, St. Louis City

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### National Multiple Sclerosis Society-Gateway Area Chapter

1867 Lackland Hill Parkway, St. Louis, MO 63146

**Phone:** 314-781-9020

**Program Type:** Respite, chore, limited financial assistance with confirmation of diagnosis

**Care receiver ages served:** All ages with confirmed diagnosis

**Hours per family:** As determined need

**Service limitations:** Must qualify financially by completing financial assistance application

**Counties Served:** Franklin, Jefferson, St. Charles, St. Louis, St. Louis City, Washington, Bond, Clinton, Madison, Monroe, Randolph, St. Clair

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### Nazareth Living Center

2 Nazareth Lane, St. Louis, MO 63129

**Phone:** 314-649-4686

**Program Type:** Assisted Living Respite Care

**Care receiver ages served:** Focus on seniors

**Hours per family:** 7 day minimum stay. Hours based on need and availability

**Service limitations:** Assisted Living only

**Counties Served:** Franklin, Jefferson, St. Charles, St. Louis, St. Louis City

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## **RESPIRE PROGRAMS - Missouri**

### **Right at Home of St. Louis**

10411 Clayton Road, A-14, St. Louis, MO 63131

**Phone:** 314-567-5545

**Program Type:** Customized care plans to suit your needs.

**Counties Served:** Franklin, Jefferson, St. Louis, St. Louis City

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### **Right At Home of St. Louis - South**

11141 South Towne Dr., Ste A, St. Louis, MO 63123

**Phone:** 314-567-5545

**Program Type:** Introduce someone you care about to someone you trust. Flexible shifts to provide respite to primary caregivers as needed or ongoing.

**Care receiver ages served:** Seniors and the disabled

**Hours per family:** Flexible shifts

**Counties Served:** Franklin, Jefferson, St. Louis, St. Louis City

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### **Rosewood Care Center of St. Louis**

11278 Schuetz Road, St. Louis, MO 63146

**Phone:** 314-991-4066

**Counties Served:** St. Louis

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### **SarahCare Centre Adult Day Services**

524 S. Elm Ave., St. Louis, MO 63119

**Phone:** 314-968-2222

**Program Type:** Day center services

**Care receiver ages served:** 18-100

**Hours per family:** Indefinite

**Service limitations:** Not overnight

**Counties Served:** Jefferson, St. Louis, St. Louis City

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### **Seniors Home Care**

114 E. Lockwood Avenue, Suite A, St. Louis, MO 63119

**Phone:** 314-962-2666

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### **St. Andrew's Senior Solutions**

6633 Delmar Boulevard, Suite 200, St. Louis, MO 63130

**Phone:** 314-726-5766

**Program Type:** Provide care for the older adults to support the needs of the care giver.

**Care receiver ages served:** 55+

**Hours per family:** Per need of family

**Service limitations:** As long as services are safe and appropriate for the older adults there are no limitations.

**Counties Served:** St. Charles, St. Louis, St. Louis City

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### **St. John's Mercy Skilled Nursing Center**

12120 Conway Road, St. Louis, MO 63141

**Phone:** 314-251-6600

**Counties Served:** St. Louis

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### **St. Louis Altenheim**

5408 South Broadway, St. Louis, MO 63111

**Phone:** 314-353-7225

**Program Type:** Short term stay from 5 to 90 days in Supportive Living or Continuing Care Nursing

**Care receiver ages served:** 65 years plus

**Service limitations:** No in home care or adult day care.

**Counties Served:** Franklin, Jefferson, St. Charles, St. Louis, St. Louis City

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### **St. Louis Area Agency on Aging**

1520 Market Street, Room 4086, St. Louis, MO 63103

**Phone:** 314-612-5918

**Program Type:** Respite for caregivers

**Care receiver ages served:** 60 and better

**Hours per family:** Varies depending on need

**Service limitations:** City of St. Louis only

**Counties Served:** St. Louis City

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### **St. Louis County Office of Family and Community Services - County Older Resident Programs (CORP)**

121 South Meramec, Clayton, MO 63105

**Phone:** 314-615-4516

**Program Type:** Caregiver respite

**Care receiver ages served:** 60 and over

**Service limitations:** No toileting, no medication administered

**Counties Served:** St. Louis

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### **Synergy HomeCare St. Louis**

111 Westport Plaza Drive, Suite 600, St. Louis, MO 63146

**Phone:** 314-813-9505

**Program Type:** Providing peace of mind with respite care in the home, adult day center, assisted living, or nursing home.

**Care receiver ages served:** All ages

**Hours per family:** Based on client and family needs.

**Service limitations:** Non-Medical

**Counties Served:** St. Charles, St. Louis

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### **The Valley a Stonebridge Community**

6768 N. Hwy. 67, Florissant, Mo 63034

**Phone:** 314-541-9430

**Program Type:** Our respite service offers peace of mind when you need to leave your loved one.

**Care receiver ages served:** 50 years of age and older

**Counties Served:** Jefferson, St. Charles, St. Louis, St. Louis City, Madison

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### **Villages of St. Peters**

5400 Executive Centre Parkway, St. Peters, MO 63376

**Phone:** 636-541-8518

**Program Type:** Assisted Living, Skilled Nursing and Memory Care respite available

**Counties Served:** St. Charles, St. Louis

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### **Visiting Angels of Greater St Charles**

107 Harvester Court, St. Charles, MO 63303

**Phone:** 636-244-3777

**Program Type:** Help family caregivers

**Care receiver ages served:** 21 and older

**Hours per family:** Up to 24/7

**Service limitations:** Non-medical only

**Counties Served:** St. Charles, St. Louis

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### **Visiting Angels of St. Louis - South**

9962 Lin Ferry Drive, Suite #100, St. Louis, MO 63123

**Phone:** 314-842-5589

**Program Type:** In Home Respite

**Care receiver ages served:** All ages served

**Hours per family:** Day, Evening, Live-In, or 24 hour

**Service limitations:** Availability

**Counties Served:** Jefferson, St. Louis, St. Louis City

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*Illinois Listings*

**Aviston Countryside Manor**

450 West 1st Street, Aviston, IL 62216

**Phone:** 618-228-7615

**Program Type:** Out of Home Respite

**Care receiver ages served:** Elderly

**Hours per family:** Varies

**Service limitations:** Call for information

**Counties Served:** Clinton

**Faith In Action**

903 North 2nd Street, Edwardsville, IL 62025

**Phone:** 618-692-0480

**Program Type:** In-Home Respite

**Care receiver ages served:** Elderly, disabled of any age.

**Hours per family:** Varies

**Service limitations:** Provides transportation, shopping, light housekeeping, respite care for family members, visiting and reassurance calls to the elder and disabled of the Edwardsville #7 School District.

**Counties Served:** Madison

**Faith In Action Collinsville**

222 Goethe Avenue, Collinsville, IL 62234

**Phone:** 618-344-8080

**Counties Served:** Madison, St. Clair

**Fountain View Manor Memory Care Center**

3432 Village Lane, Granite City, IL 62040

**Phone:** 618-931-3999

**Program Type:** ALF/ Alzheimer's and Dementia Care Center

**Care receiver ages served:** 55 and up

**Hours per family:** N/A

**Service limitations:** Assisted Living Memory Care

**Counties Served:** St. Charles, St. Louis, St. Louis City, Bond, Clinton, Madison, Monroe, St. Clair, Washington

**Fountains of Troy**

39 Dorothy Drive, Troy, IL 62294

**Phone:** 618-667-1342

**Program Type:** Short term respite care is available, in a beautifully furnished apartment.

**Care receiver ages served:** No age restrictions

**Hours per family:** Inquire about our 10-day special rate!

**Service limitations:** Care receivers' needs must not exceed the limitations of Assisted Living regulations.

**Counties Served:** St. Louis, St. Louis City, Bond, Madison, Monroe, St. Clair

**Garden Place**

208 S. Kossuth, Millstadt, IL 62278

**Phone:** 618-476-1440

**Program Type:** Day care or overnight

**Care receiver ages served:** 50+

**Hours per family:** As needed

**Service limitations:** Standby & oversight assistance

**Counties Served:** Monroe, Randolph, St. Clair

**Garden Place**

351 Lockwood, Red Bud, IL 62278

**Phone:** 618-282-7775

**Program Type:** Day care or overnight stays

**Care receiver ages served:** 50+

**Hours per family:** As needed

**Service limitations:** Stand-by and oversight assistance

**Counties Served:** Monroe, Randolph, St. Clair

**Garden Place**

710 S. Main, Columbia, IL 62236

**Phone:** 618-281-3388

**Program Type:** Day care and overnight

**Care receiver ages served:** 55+

**Hours per family:** As needed

**Counties Served:** St. Louis, Monroe, St. Clair

**Home Helpers Serving SW IL**

200 W. 3rd Street, Suite 712, Alton, IL 62002

**Phone:** 618-462-2762

**Program Type:** Respite relief for Family Caregiver

**Care receiver ages served:** all ages

**Hours per family:** 1 to 24 hours

**Service limitations:** No Skilled Nursing

**Counties Served:** Madison, St. Clair

**Home Instead Senior Care**

2321 Country Road, Belleville, IL 62221

**Phone:** 618-234-7640

**Program Type:** In-Home Respite

**Care receiver ages served:** Elderly

**Hours per family:** Varies

**Service limitations:** Staff is available 24 hours seven days a week.

**Counties Served:** Monroe, St. Clair

**Home Instead Senior Care**

100 Lanter Court, Suite 2, Collinsville, IL 62234

**Phone:** 618-346-5008

**Program Type:** Respite relief for the caregiver

**Care receiver ages served:** Any

**Hours per family:** 3 - 24 hours

**Service limitations:** No skilled nursing

**Counties Served:** Madison

**Lebanon Care Center**

1201 North Alton, Lebanon, IL 62254

**Phone:** 618-537-4401

**Program Type:** Out-of-Home Respite

**Care receiver ages served:** Elderly

**Hours per family:** Varies

**Service limitations:** Call for information.

**Counties Served:** St. Clair

**Rosewood Care Center of Alton**

3490 Humbert Road, Alton, IL 62002

**Phone:** 618-465-2626

**Counties Served:** Madison

## RESPIRE PROGRAMS - Illinois

### Rosewood Care Center of Edwardsville

6277 Center Grove Road, Edwardsville, IL 62025

Phone: 618-659-0605

Counties Served: Madison

### Rosewood Care Center of Swansea

100 Rosewood Village Drive, Swansea, IL 62220

Phone: 618-236-1391

Counties Served: St. Clair

### Southwestern Illinois Visiting Nurse Association

7 Executive Woods, Swansea, IL 62226-2016

Phone: 618-236-5863, 800-642-5429,

24 Hour Hot Line 866-800-1409

Program Type: In-Home Respite

Care receiver ages served: All Ages

Hours per family: Varies

Counties Served: Bond, Clinton, Madison, Monroe, Randolph, St. Clair, Washington

### St. John's Home & Community Care

222 Goethe Avenue, Collinsville, IL 62234-3306

Phone: 618-344-0276

Program Type: Homemaker/Personal Care

Care receiver ages served: 18 and older

Hours per family: Paid service; 4 hours minimum; 4 to 24 hours/day; IL DRS provider

**Service limitations:** No lifting or medical procedures; service area includes Caseyville, Collinsville, Edwardsville, Fairmont City, Fairview Heights, Glen Carbon, Granite City, Maryville, and Troy, IL.

Counties Served: Madison, St. Clair

### St. Paul's Home & Retirement Apartments

1021 West E Street, Belleville, IL 62220

Phone: 618-233-2095

### Sycamore Village Assisted Living

225 Castellano Drive, Swansea, IL 62226

Phone: 618-222-2571

Program Type: Term of stay set by client

Care receiver ages served: 55 and over

Hours per family: Overnight stay

Service limitations: One person assist

Counties Served: St. Clair

### We Sit Better

P.O. Box 832, Collinsville, IL 62234

Phone: 618-398-3064

Program Type: In-or-Out of Home Respite

Care receiver ages served: Elderly

Hours per family: Varies

Service limitations: Service sits with elderly in homes, hospitals and nursing homes. 24/7, depending on availability.

Counties Served: Madison, St. Clair



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